

May 28, 2023
ANNOUNCEMENTS & PASTORAL OBSERVATIONS

1. Virtual Fitness "FUN" Workout: Join the Fitness class on Saturdays at 8:30 am for a "FUN" condensed workout. Bring your water, towel, mat, stretch bands, weights and "Smiles". The line will open at 8:15 am. See you on Saturday, Donna V. Gainey and the CREW!!! Zoom participation information is as follows:

Join Zoom Meeting <https://us02web.zoom.us/j/82471371758>
Meeting ID: 824 7137 1758.

2. Sunday School will resume on June 4, 2023.

3. Sunday Worship: Please join us and invite someone to worship with us this Sunday at 11 am. Sunday's bulletin is attached. Rev. Polite will be preaching. Virtual worship may be accessed as follows: Lomax's Facebook page at <https://www.facebook.com/lomaxamezionchurch/> or website using the Lomax Live tab at <https://www.lomaxchurchva.com/lomax-live/>.

4. Intercessory Prayer: Intercessory Prayer is held on Tuesday at 6:30 am. Here is the Zoom information to participate:

Join via Zoom: <https://us02web.zoom.us/j/86028580752>
Meeting ID: 860 2858 0752

Dial-In Information: 301-715-8592
Meeting ID: 860 2858 0752

5. Bible Study will resume on June 7, 2023, at 7 pm.

6. 194th Annual Session of the Philadelphia and Baltimore Conference: Bishop W. Darin Moore will continue the 194th Annual Sessions of the Philadelphia and Baltimore Conference May 26-28, 2023. As in the past, Annual Conference is being held at the Bethesda North Marriott Hotel & Conference Center, 5701 Marinelli Road, Rockville, MD 20852.

7. Senior Ministry: There will be **NO SENIOR MINISTRY MEETING on Saturday, May 27th**, to allow for our members to participate in the Annual Conference activities.

"PRIME TIME LUNCH: PICTURE PERFECT?"

All are invited to join the XYZ Club of St. Michael's on Thursday, June 1, for a potluck lunch in the parish hall. Gathering at 12:15; Lunch at 12:30. Bring a dish to pass and your own table service. Hot coffee and ice water provided. 1:15: Avocational walk-about nature photographer Greg Strong will discuss and show his work as he gives us pointers for getting good shots. How to cultivate a keen eye and steady hand. What to look for, focus on, and crop out. All are welcome, especially seniors. Contact Evelyn Bence at febence@aol.com.

8. Health Ministry: The Lomax Health Ministry is hosting a virtual talk on the topic of: **Men's Health with a Focus on Men's Mental Health** on Friday, June 9, 2023 at 7:00 pm. Kwabena B. Owusu-Boateng, DO is the speaker. A flyer is attached.

9. 2022-2023 Conference Year Assessments: As we approach the May 31, 2023, end of the FY 2022/2023 conference, we are still encouraging members who haven't paid your annual assessment dues of \$350.00 (General Claims of \$265.00 and Quarterly Conference Dues of \$85.00) to please do so. You may submit your assessments through your church envelope, Givelify, or you may see your Class Leader or Sis. Ruthy Brown. Thank you in Advance!

10. Connectional Children's Day Festival & Weekend Events:

The Usher Board, in collaboration with the **Christian Education Ministry**, is hosting a **Lomax Summer Children's Festival** to promote outreach in the Community. The festival will take place in the Church parking lot on **Saturday, June 10, 2023, from 12:00pm-3:00pm**. There will be games, activities, face painting, balloon art and a book giveaway. Please consider donating gently used children's books. Come out for some Ole' fashion family fun and fellowship!!! The Children's Day Weekend Theme: **BORN 4 THIS!**

Annual Children's Day Sunday: "BORN 4 THIS!" – Let us continue to celebrate by attending our Annual Children's Day Program on Sunday, June 11, 2023, 11 AM. Your support, especially the children's participation, is greatly appreciated.

11. Floral Ministry: Want to learn to do floral arrangements? Come join the Floral Ministry. We are in need of more hands. We are not asking for perfection, Just a willing hand. If you want to get involved just talk to Darlene Logan, Barbara Ratliff, Donna Gainey or Andrea Peterbark. You may call Andrea at (703) 451-1552.

12. Racial Reconciliation Pilgrimage to Cambridge, Maryland: Members of Lomax are warmly invited to take part in a pilgrimage to some of these sacred sites on June 3. Transportation to and from Cambridge and during the tour will be by charter bus. We will leave St. Michael's at 8 AM on Saturday morning and return by 5 PM. Participants will need to bring their own bagged lunch. The cost for the day is \$60, but scholarships are available. Please sign up at <https://www.stmichaelsarlington.org/cambridge/> if you are interested in taking part in the pilgrimage, so we can make preliminary reservations. (Lomax members are also asked to provide your name to Chantel, in the office, so that we can know who has registered to participate.)