

The Voice of Lomax

ANNOUNCEMENTS FOR THE WEEK OF FEBRUARY 2, 2020

FLORAL MINISTRY: The flowers on the altar have been given to the Glory of God.
- *The Floral Ministry*

WASHINGTON DISTRICT 3RD MASS MEETING & BLACK HISTORY CELEBRATION: On Saturday, February 8, 2020, Lomax will host this meeting and celebration. This is a joint effort between the Washington District WH&OMS, Christian Education Department and Lay Council. We will need the assistance of many in the church to provide Lomax's usual high level of hospitality. Additional details will follow.

EPISCOPAL VISIT AND ARLINGTON COUNTY LIBRARY UNVEILING: Bishop W. Darin Moore is scheduled for an episcopal visit with the Lomax Church family on February 9, 2020. **PLEASE NOTE THAT WORSHIP SERVICE WILL BEGIN AT 10:00 AM AND THE PROGRAM AT THE ARLINGTON COUNTY PUBLIC LIBRARY WILL BEGIN AT 1 PM.** Thank you! – *Pastor Nelson, Sis. Brenda Cox and the Historical Committee*

SCHOLARSHIP COMMITTEE: Attention Lomax College Students. The deadline to submit required paperwork for financial assistance has been extended to **Sunday, February 9, 2020.** Guidelines have been modified. For more information, please see any Scholarship Committee Member (Donna Gainey, Brenda Humphrey, Darlene Logan, Denise Pincham, Costella Shackelford, Romona Wright, or Ruthy Brown).

FINANCE/BUDGET COMMITTEE: A meeting is scheduled for Tuesday, February 11, 2020 at 7:00 p.m. in preparation of the FY 2019/2020 Budget, 2nd Quarterly Review. Thanks in advance. - *Sis. Ruthy Brown, Chair*

LAY COUNCIL: Lomax is hosting the 2019 Washington District Lay Academy on Saturday, February 29, 2020. More details will be provided as the date approaches. - *Debra Byrd, Lay Council President.*

WOMEN'S MINISTRY: Mark the dates! Lomax will celebrate Women's Day Weekend March 14, 2020 - March 15, 2020. There will be a weekend of service and fellowship activities culminating with a morning worship service and an afternoon Women in White service. Details to be provided soon. - *Sis. Portia and Rev. Tina*

HEALTH MINISTRY: Heart disease is the leading cause of death for both men and women. To prevent heart disease and increase awareness of its effects, we are proudly participating in American Heart Month. You can make healthy changes to lower your risk of developing heart disease. Controlling and preventing risk factors is also important for people who already have heart disease. To lower your risk:

- Watch your weight.
- Quit smoking and stay away from secondhand smoke.
- Control your cholesterol and blood pressure.
- If you drink alcohol, drink only in moderation.
- Get active and eat healthy.

THIS MONTH'S SUNDAY SCHOOL SPECIAL SESSIONS

February 23, 2020

- ❖ Young Adults: *Black 365, 24/7* (Waffles & the Word)
- ❖ Singles: *Celebrating Singleness*
- ❖ Couples: *The Seasons in Love*