

The Voice of Lomax

ANNOUNCEMENTS FOR THE WEEK OF MAY 19, 2019

THE FLORAL MINISTRY: The altar flowers are presented in loving memory of the Newkirk family members who have crossed over. They are gone but never forgotten or cherished.

Sheryl Newkirk

“HOW WELL DO YOU KNOW YOUR PASTOR?” Please join the Steward Board for “**The Pastor’s Appreciation Celebration**” today, Sunday, May 19th, immediately following the morning worship service which will include *dinner, fellowship and lots of fun!!* Presidents of clubs and boards please check your mailbox for a special note regarding the Pastor’s Appreciation celebration.

LOMAX CHURCH OFFICE: The church office will be **closed** Tuesday, May 21st through Friday, May 24th due to attendance at the Philadelphia/Baltimore Annual Conference. The office will re-open Tuesday, May 28 at 11 am.

LAY COUNCIL ACADEMY: The Lomax Lay Council will travel to the Philadelphia and Baltimore Annual Conference Tuesday, May 21st for the Lay Academy and evening service. There is a bus sign-up sheet for those wishing to go on the Lomax bus to the conference. The bus will leave Lomax at 11:30 a.m. and return Tuesday night. For additional information please see Mrs. Anne Williams.

WOMEN’S HOME AND OVERSEAS MISSIONARY SOCIETY: The Lomax WH&OMS will travel to the Philadelphia and Baltimore Annual Conference Friday, May 24th for the evening Missionary service. There is a bus sign-up sheet for those wishing to go on the Lomax bus to the conference. The bus will leave Lomax at 4:30 p.m. and return Friday night. For additional information please see Mrs. Donna Gainey.

LOMAX SENIOR MINISTRY: The Senior Ministry will **NOT** meet Saturday, May 25 due to attendance at the Philadelphia/Baltimore Annual Conference. The next breakfast for the Senior Ministry will be held Saturday, June 25, 2019.

Brenda Cox

BUDS OF PROMISE: The Buds of Promise thank you for your overwhelming support as we endeavored to raise funds for the Penny Brigade which supports overseas missionaries. You have been awesome and we THANK YOU!

Wanda Williams, Buds Superintendent

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ACOLYTE MINISTRY: We will have meetings/training sessions Saturday, June 1st and June 8th at 10:30 am in the Lomax Sanctuary. It is very important that ALL current and Acolytes in training attend these meetings. Please let Darlene Logan or Donna Gainey know if you will **not** be able to attend.
Donna Gainey and Darlene Logan

JOB OPENING: The church is currently recruiting for a new Church Secretary. Great interpersonal, communication (oral and written), organizational, and computer skills are a must! The position is part-time and hours are negotiable. If you or anyone you know have an interest in the position, then please forward a resume to the attention of the TRUSTEE BOARD to lomaxamezchurch@gmail.com.

DID YOU KNOW? A food pantry is available at Lomax for those who may need assistance in this regard. For additional information on this topic please talk to Mrs. Gloria H. Camp.

"Share your food with the hungry and give shelter to the homeless. Give clothes to those who need them, and do not hide from relatives who need your help." Isaiah 58:7 (NLT)

LOMAX MEMBERSHIP CONFERENCE ASSESSMENTS: As we approach the end of the conference year, we are encouraging members who have yet to pay your annual assessment dues of \$350.00 (General Claims of \$265.00 and Quarterly Conference dues of \$85.00) to do so. It is important for each member to do their best to pay their assessments in order that Lomax may meet its church obligations. You may satisfy this obligation through your church envelope, Givelify or your class leader. Thank you in advance for your support.

HEALTH MINISTRY: During the month of May, we challenge all adults to get active every day! Did you know that regular physical activity increases your chances of living a longer, healthier life? It also reduces your risk for high blood pressure, heart disease, and some types of cancer. The Physical Activity Guidelines for Americans recommend that adults:

- Aim for at least 2 hours and 30 minutes of moderate-intensity aerobic activity each week. This includes things like walking fast, dancing, swimming, and raking leaves.
- Do muscle-strengthening activities – like lifting weights or using exercise bands – at least 2 days a week.

Physical activity is good for everyone's health. No matter what shape you are in, you can find activities that work for you. *Together, we can rise to the challenge and get more active during the month of May!*